

# 3-4-4-3 Schedule

Half a week at each home, flipping every week so the weekend rotates.

■ Home 1    ■ Home 2

3 handoffs every 2 weeks

| MON          | TUE          | WED          | THU          | FRI          | SAT          | SUN          |
|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1<br>Home 1  | 2<br>Home 1  | 3<br>Home 1  | 4<br>Home 2  | 5<br>Home 2  | 6<br>Home 2  | 7<br>Home 2  |
| 8<br>Home 1  | 9<br>Home 1  | 10<br>Home 1 | 11<br>Home 1 | 12<br>Home 2 | 13<br>Home 2 | 14<br>Home 2 |
| 15<br>Home 1 | 16<br>Home 1 | 17<br>Home 1 | 18<br>Home 2 | 19<br>Home 2 | 20<br>Home 2 | 21<br>Home 2 |
| 22<br>Home 1 | 23<br>Home 1 | 24<br>Home 1 | 25<br>Home 1 | 26<br>Home 2 | 27<br>Home 2 | 28<br>Home 2 |

## How to use this

Print it, pin it up, and color in your real dates. Day 1 is wherever your cycle starts; the two-week rotation simply repeats. A one-off swap sits on top of the pattern for that day, and the rotation keeps running underneath.

## Notes

---

---

---

---

---